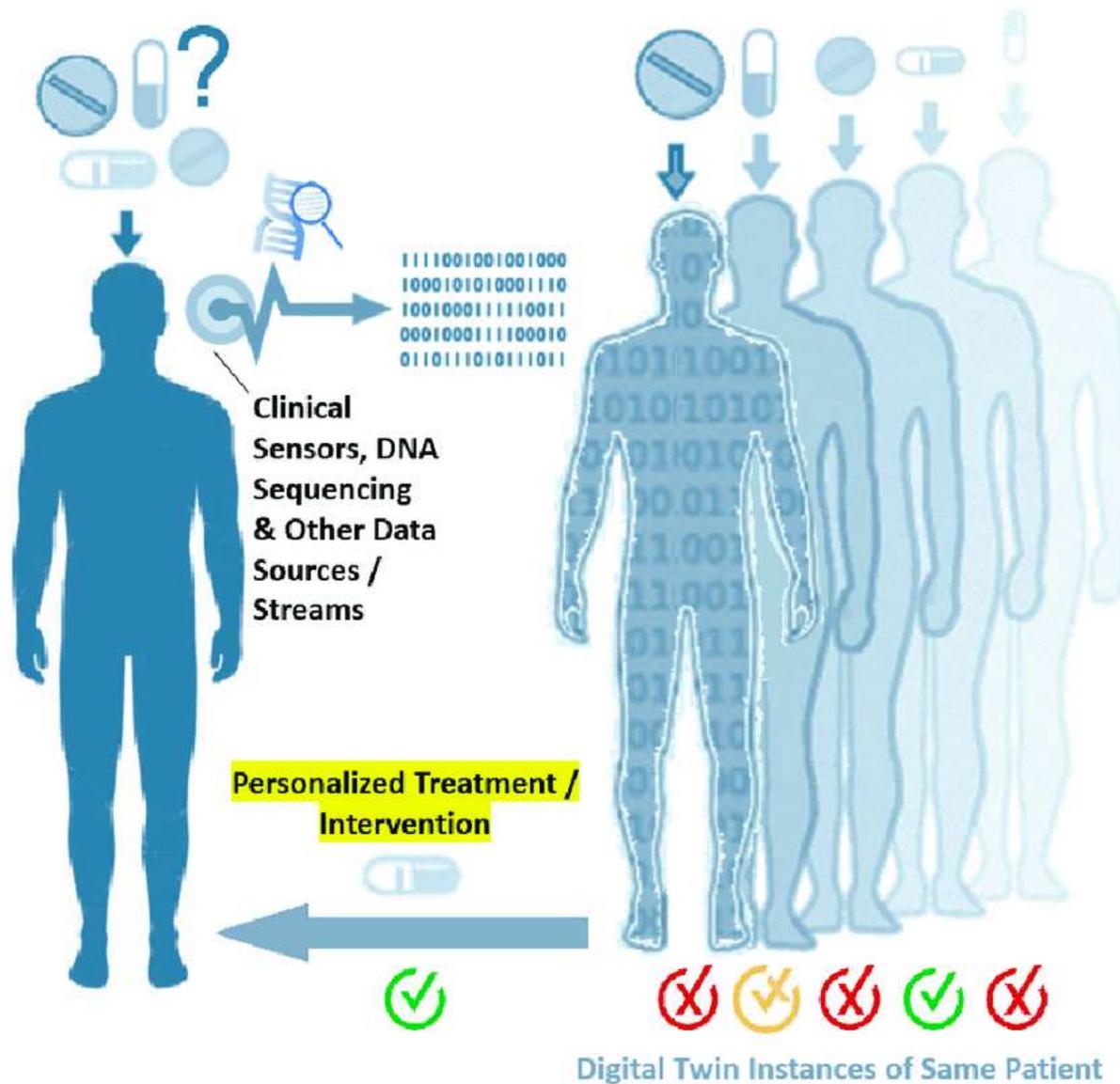


The impact of biomedical engineering and mechanics on vascular health and wellbeing:

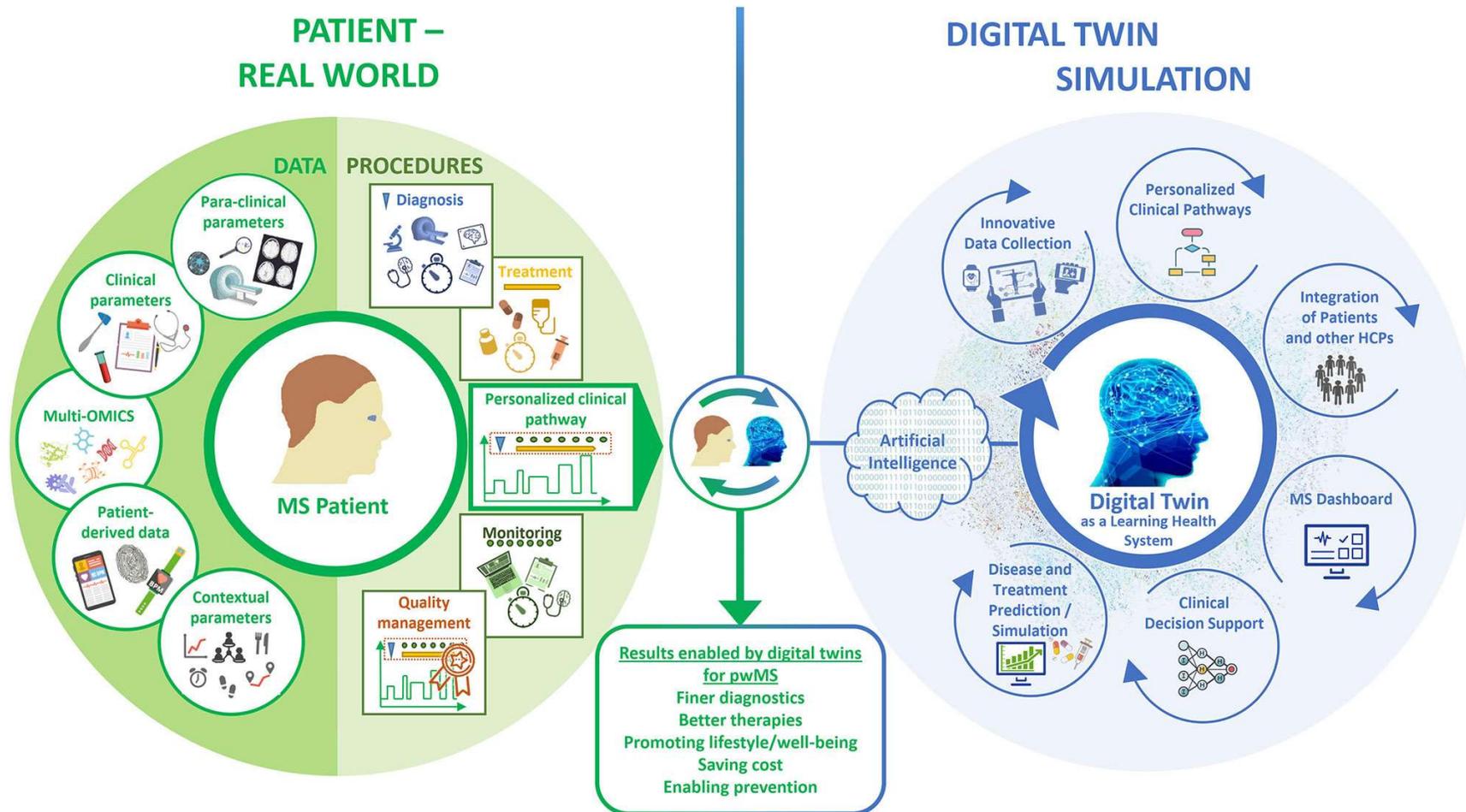
DIGITAL TWINS



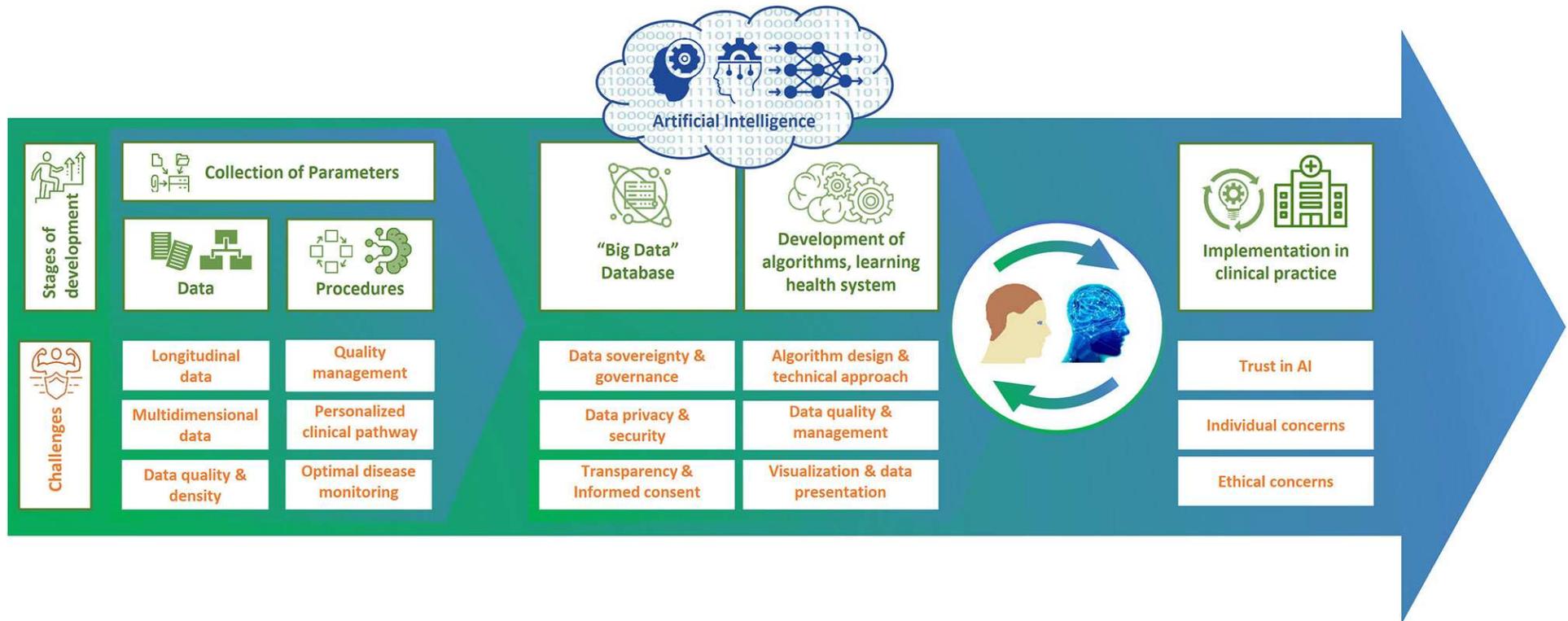
Why Digital Twins can impact human health and well-being ?



Concept of a digital twin



Time-Flow for Digital Twins



Successful digital twins in medicine



2014: FDA allows marketing of HeartFlow vFFR-CT tool for optimal treatment of coronary stenosis

Gaus S, *et al*, JCCT 2013, 7(5):279-88.



2019: FEops HEARTguide in silico tool for planning transcatheter aortic valve implantation is CE-marked

El Faquir N, *et al* Int J Cardiovasc Imaging 2019



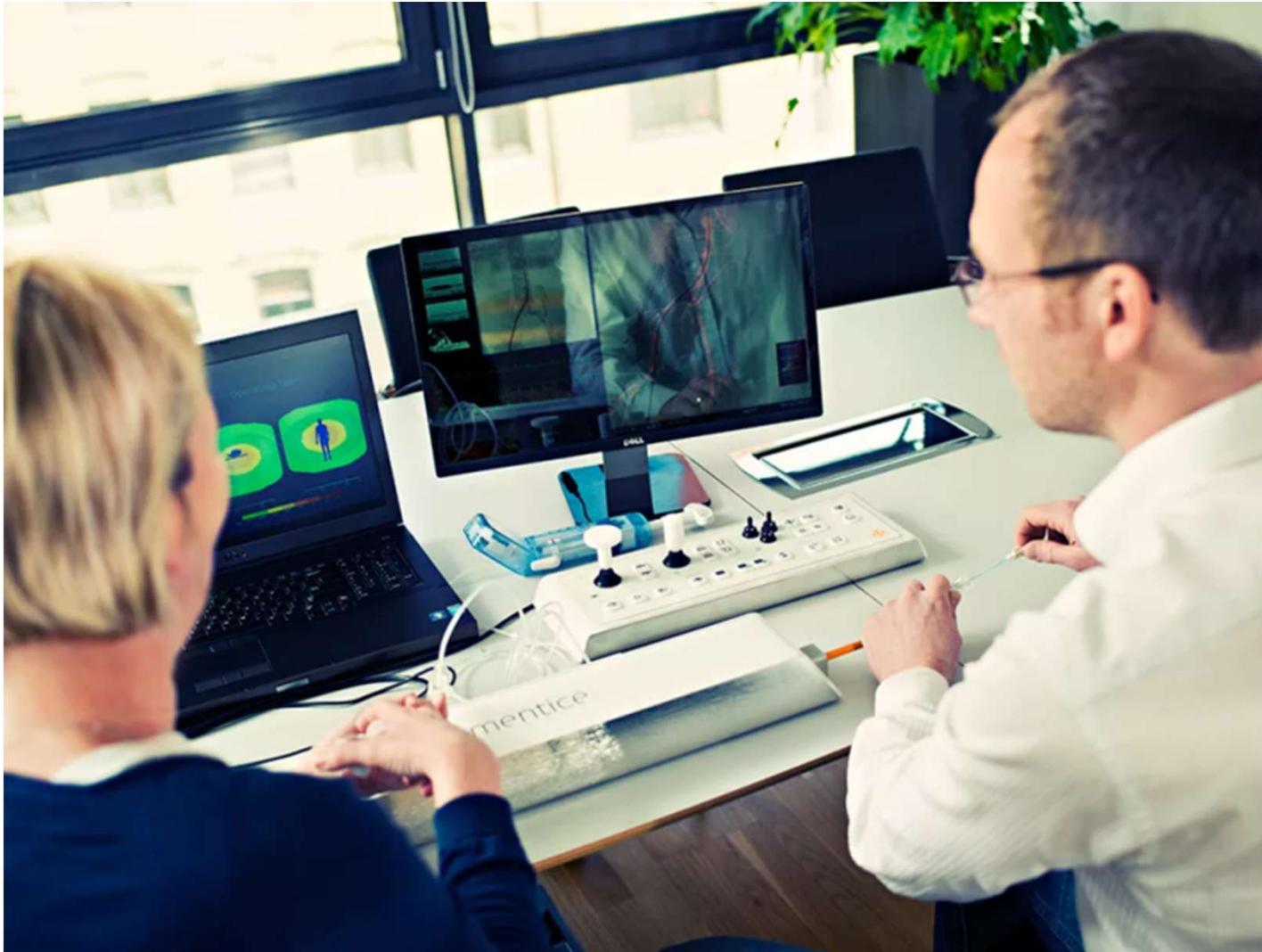
2014: Sim&Cure



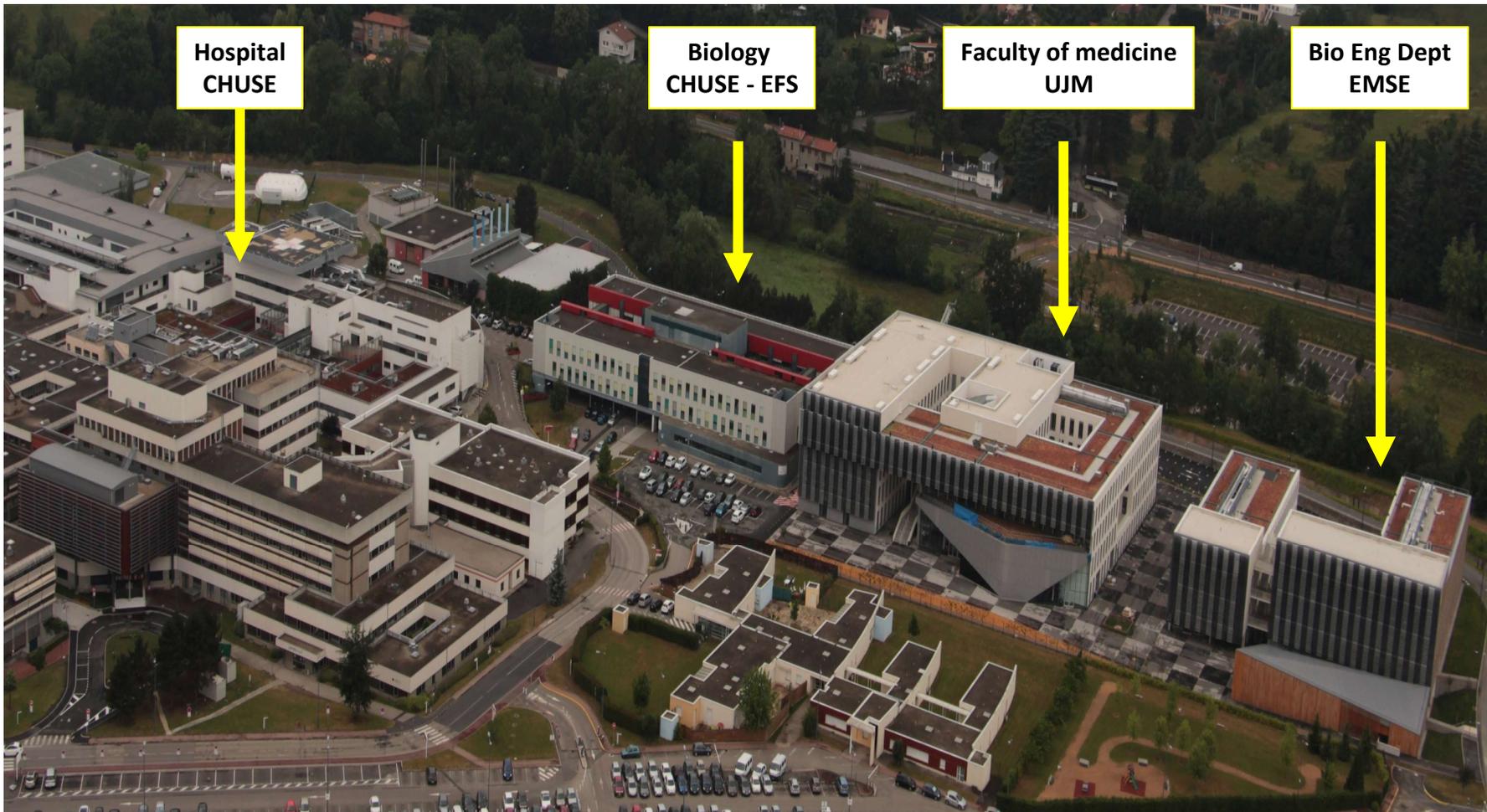
2017: Predisurge

Derycke, *et al* Circulation Imaging 2021

My own experience



Santé Ingénierie BIOlogie St-Etienne



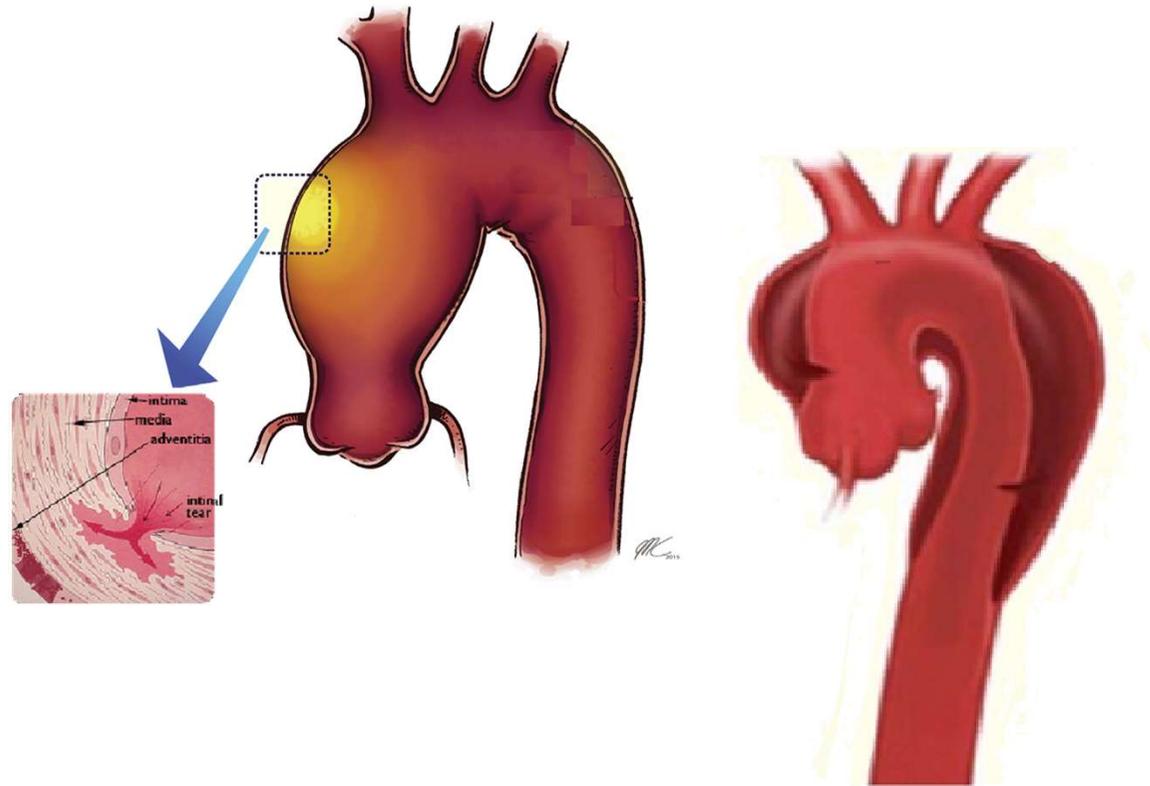
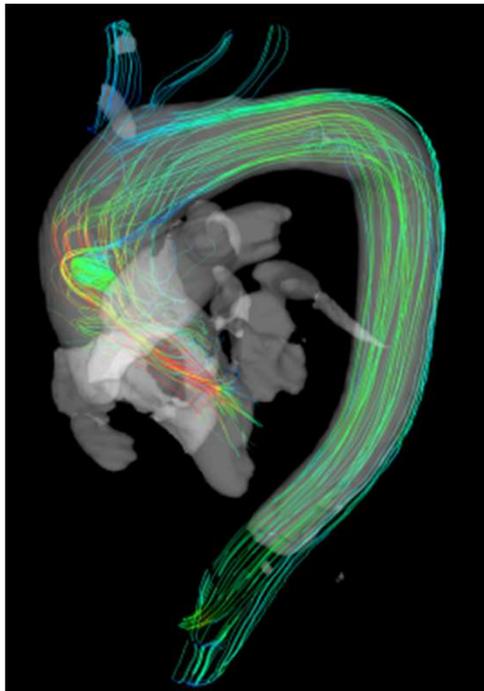
« Where engineers, biologists and physicians meet together to improve health »

4 teams:

- **STBio**: soft tissue biomechanics
- **BioMat**: engineering of biomat
- **BioPI**: inhaled particles
- **I4S**: engineering of care systems



Aneurysms and Dissections of the aorta



== Devastating complications!

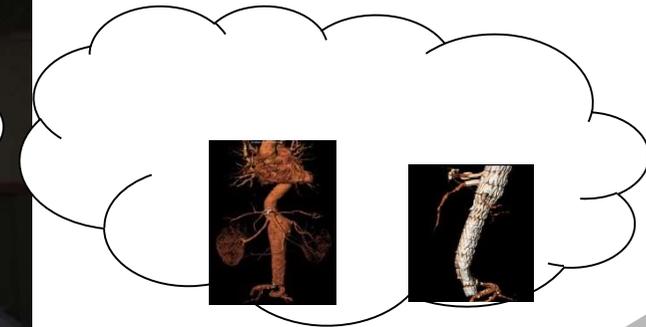
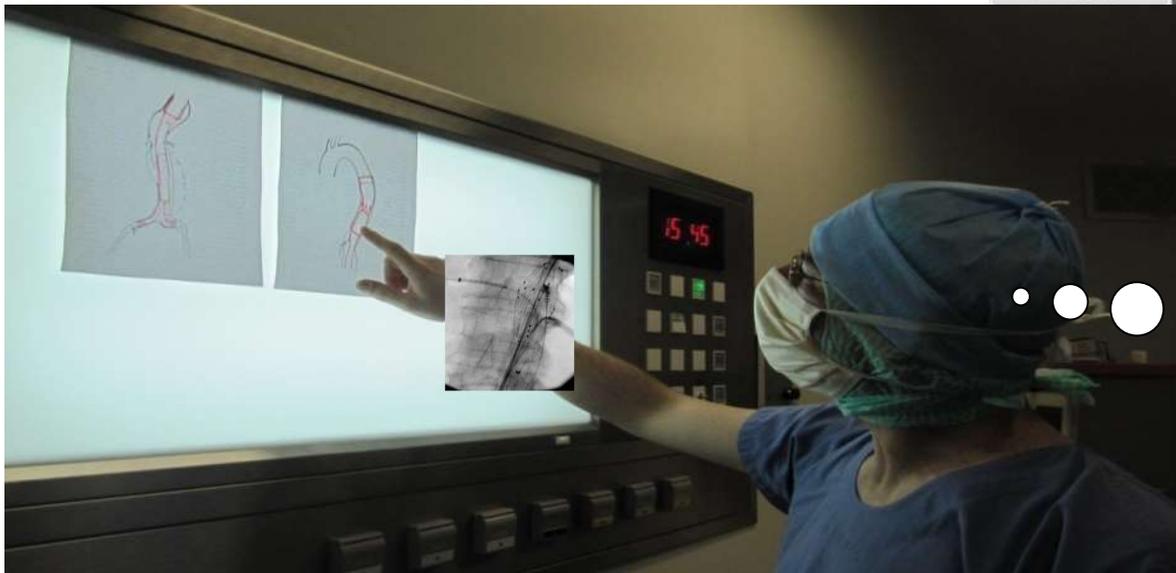
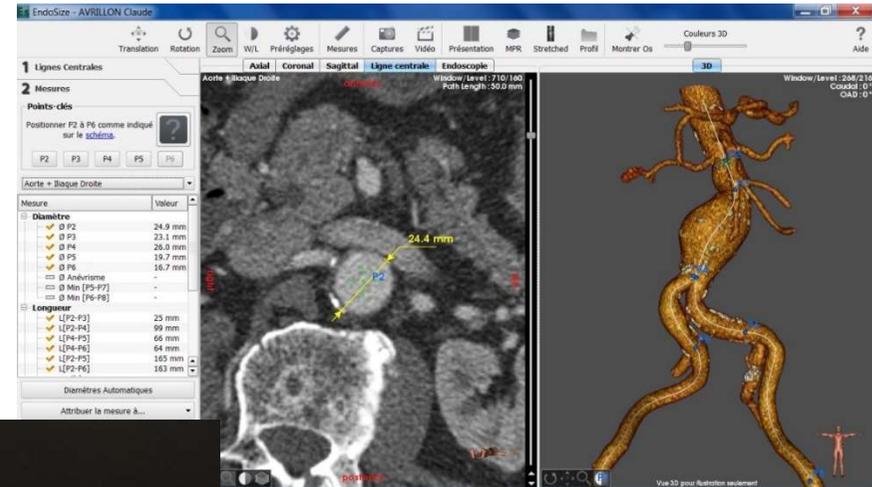
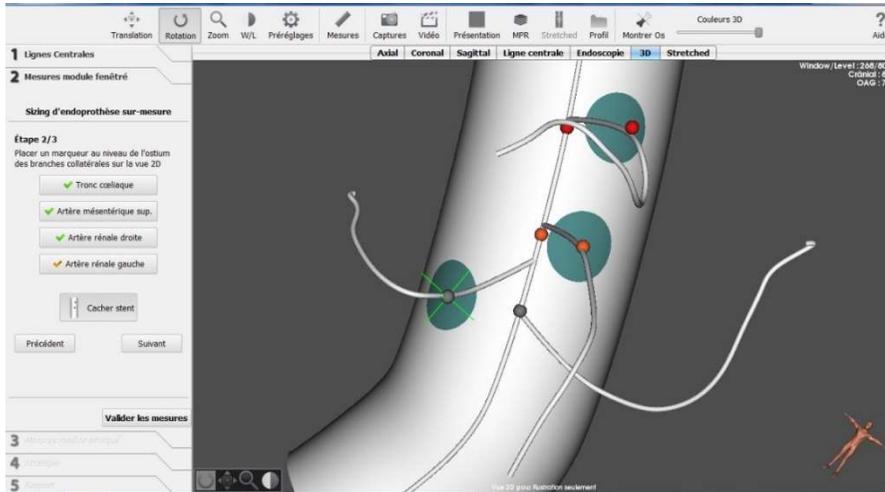
STEP 1

Our first goal was to develop computer models to assist surgical interventions on aortic aneurysms

2010



Planification / sizing of fenestrated stent grafts in EVAR procedures





SAINBIOSE
Santé INgénierie
BIOlogie Saint-Etienne
U1059 • INSERM • SAINT-ETIENNE



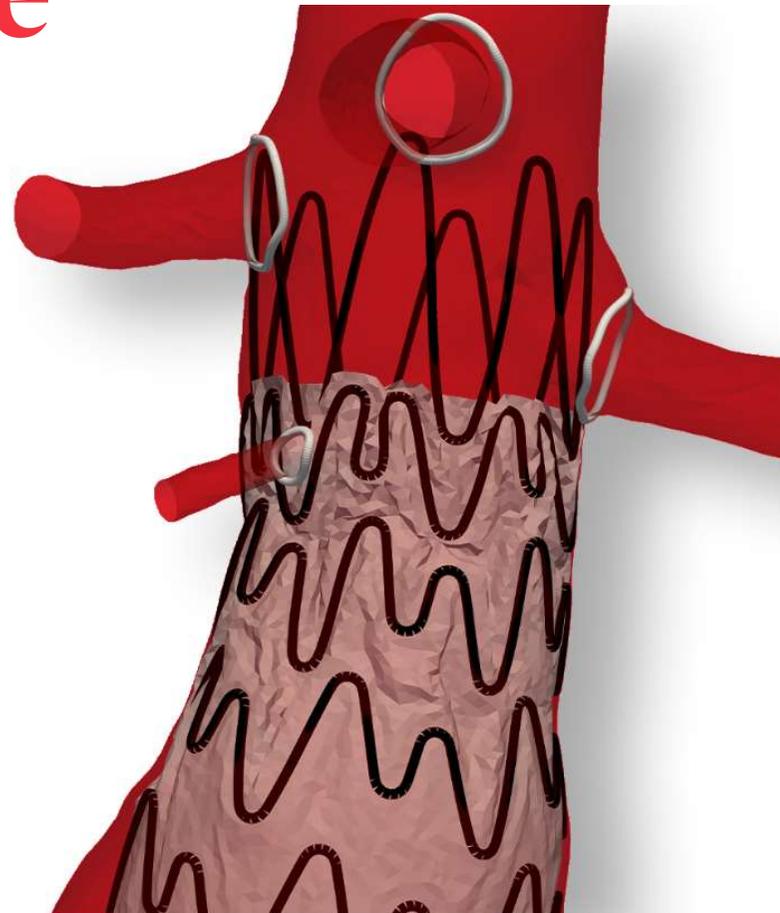
The solution with a digital twin

PrediSurge

Changing patients lives
with digital twin technology

Predictive Simulation
for Cardiovascular Intervention

[LEARN MORE](#)



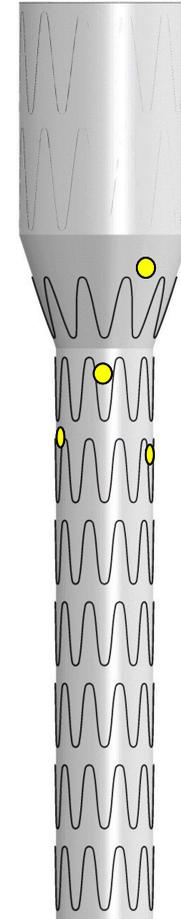
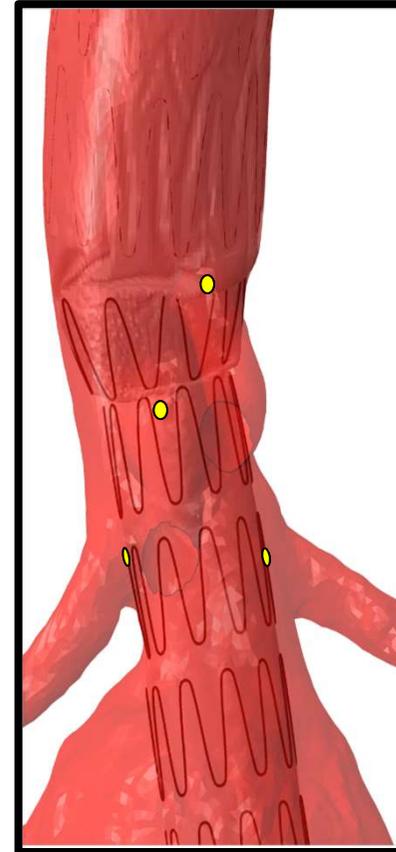
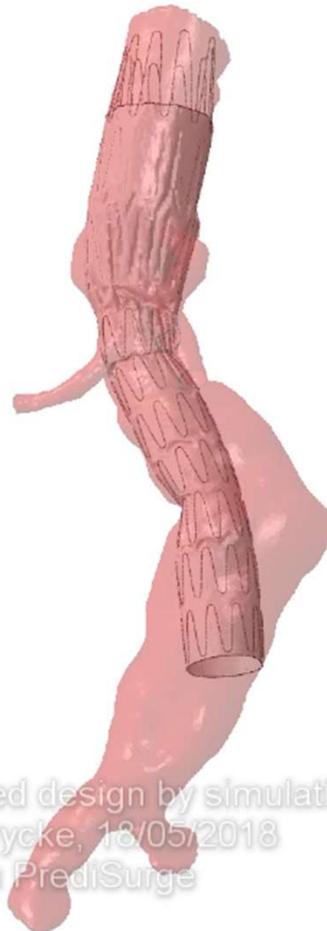
www.predisurge.com

Clinically validated for FEVAR Zenith® Cook Medical

PrediSurge



ALBERT CHENEVIER - JOFFRE-DUPUYTREN
EMILE ROUX - GEORGES CLEMENCEAU

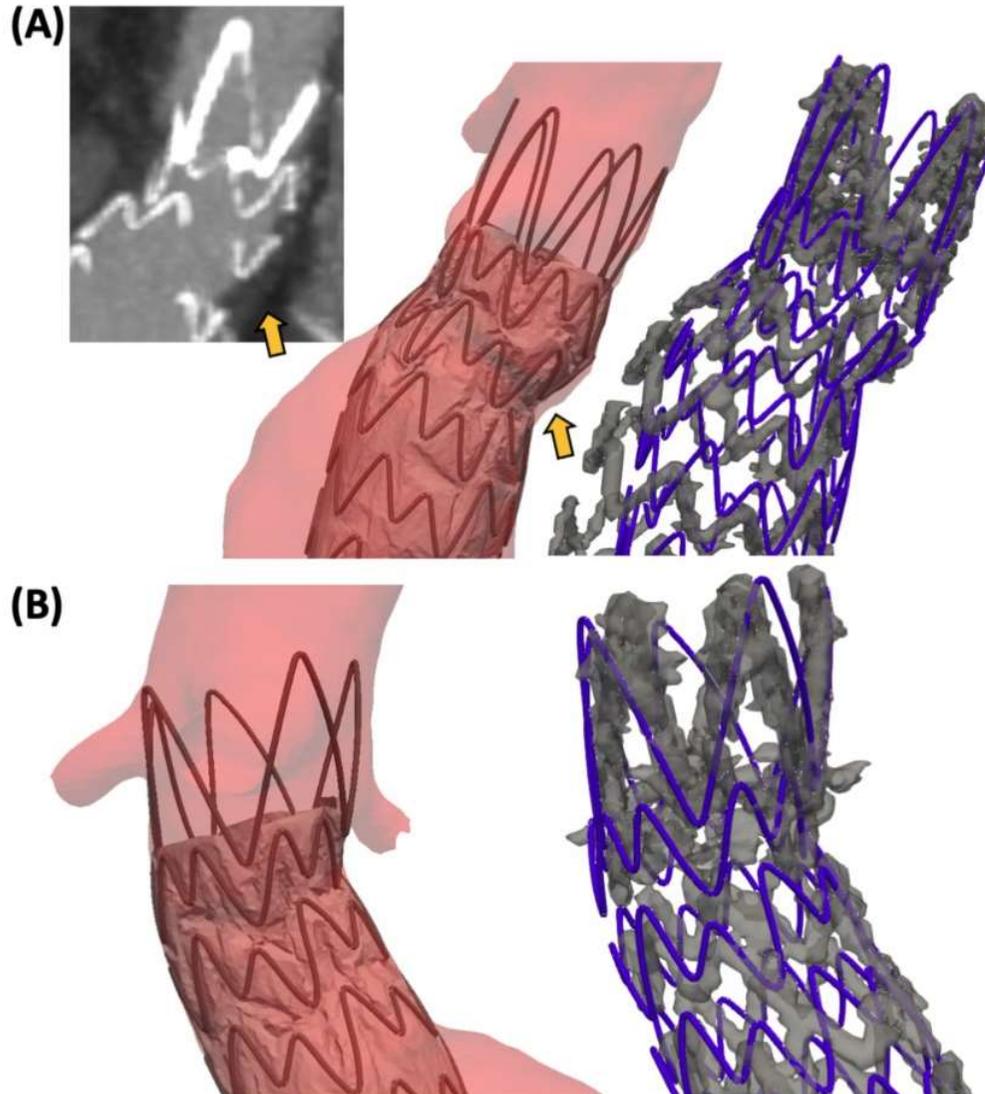


Cook fenestrated design by simulation
Lucie Derycke, 13/05/2018
With PrediSurge

04-00

Prevention of endoleaks

Computer Methods and Programs in Biomedicine 244, 107993

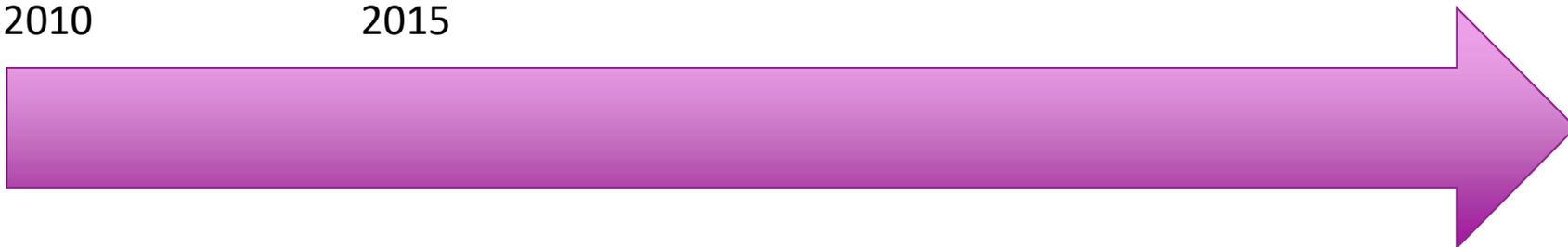


STEP 2

Our next goal was to develop
patient-specific computer models of
aneurysm growth...

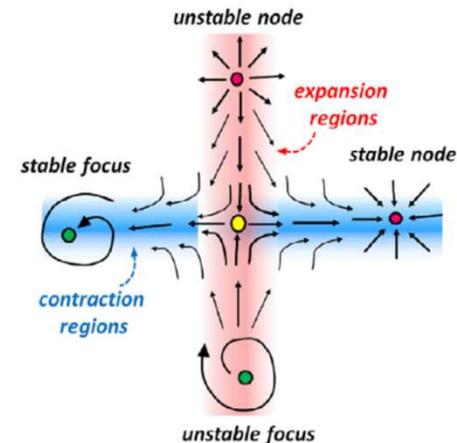
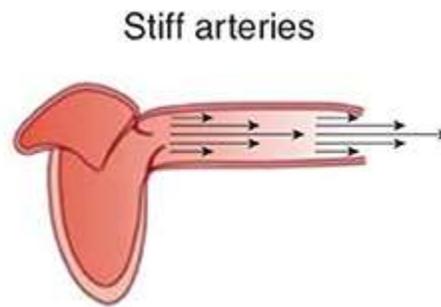
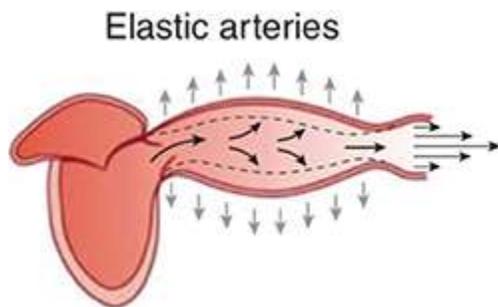
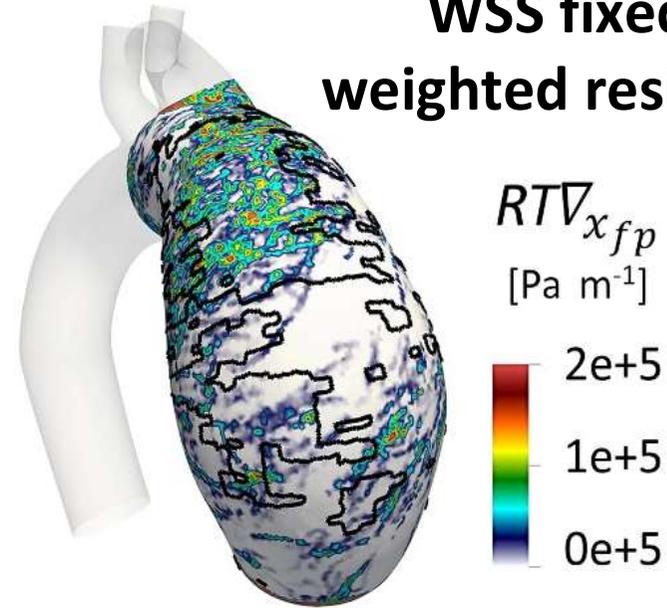
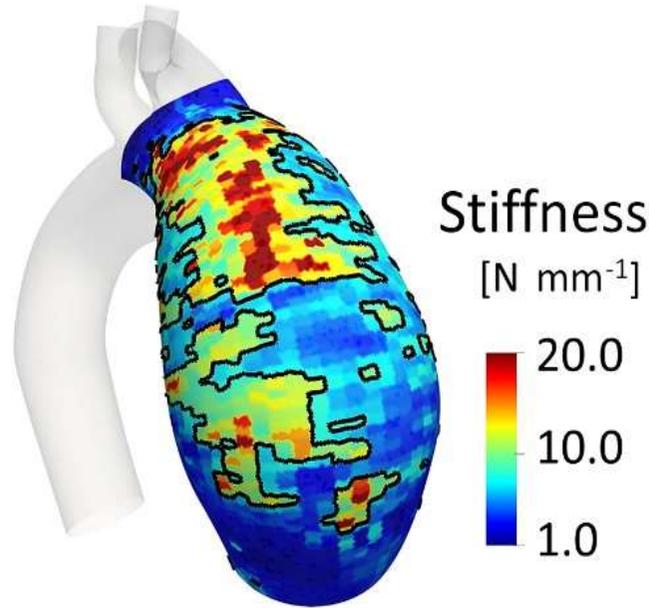
2010

2015

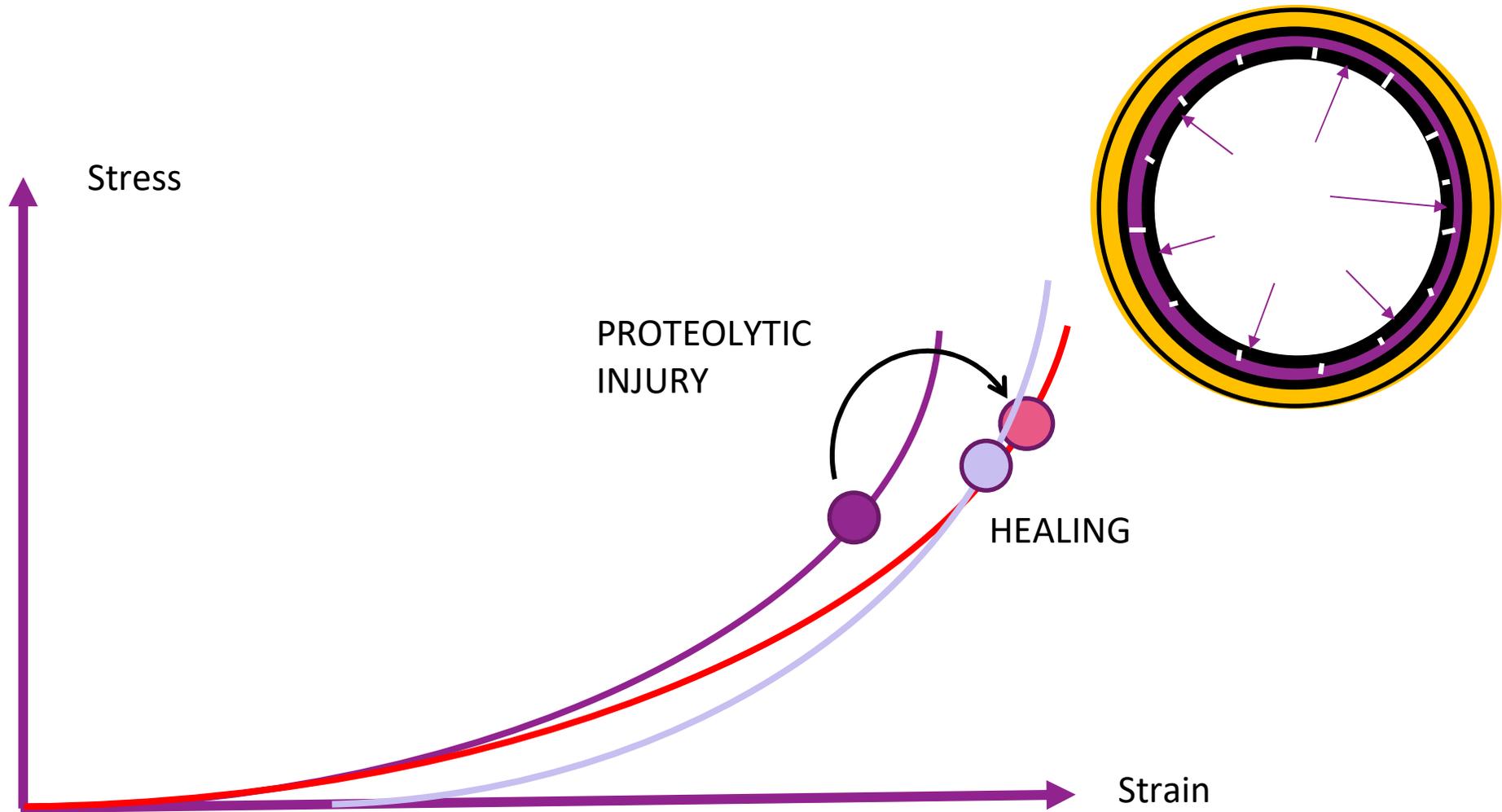


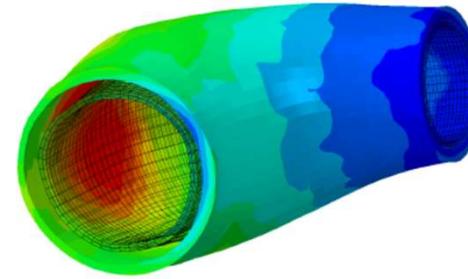
Local stiffening related to locally altered hemodynamics

WSS fixed points
weighted residence time



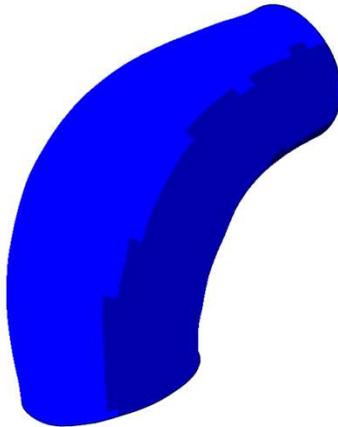
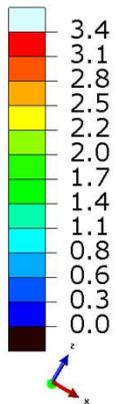
Mechanical model



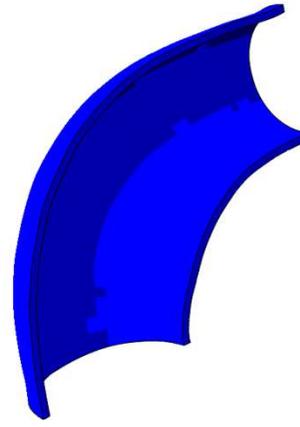
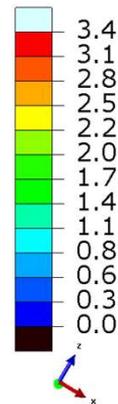


Computer model of aneurysm growth

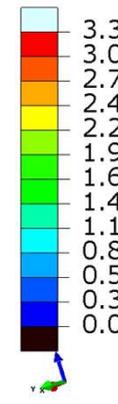
SDV69
(Avg: 75%)



SDV69
(Avg: 75%)



SDV69
(Avg: 75%)



Normalized Thickness



STEP 3

Our next goal was to integrate more biology in our computer models

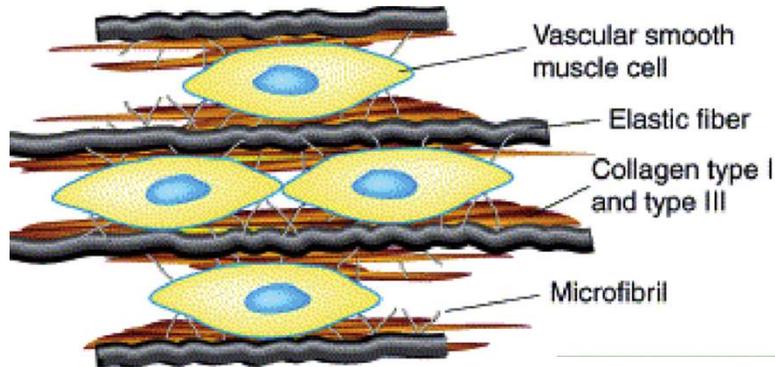
2010

2015

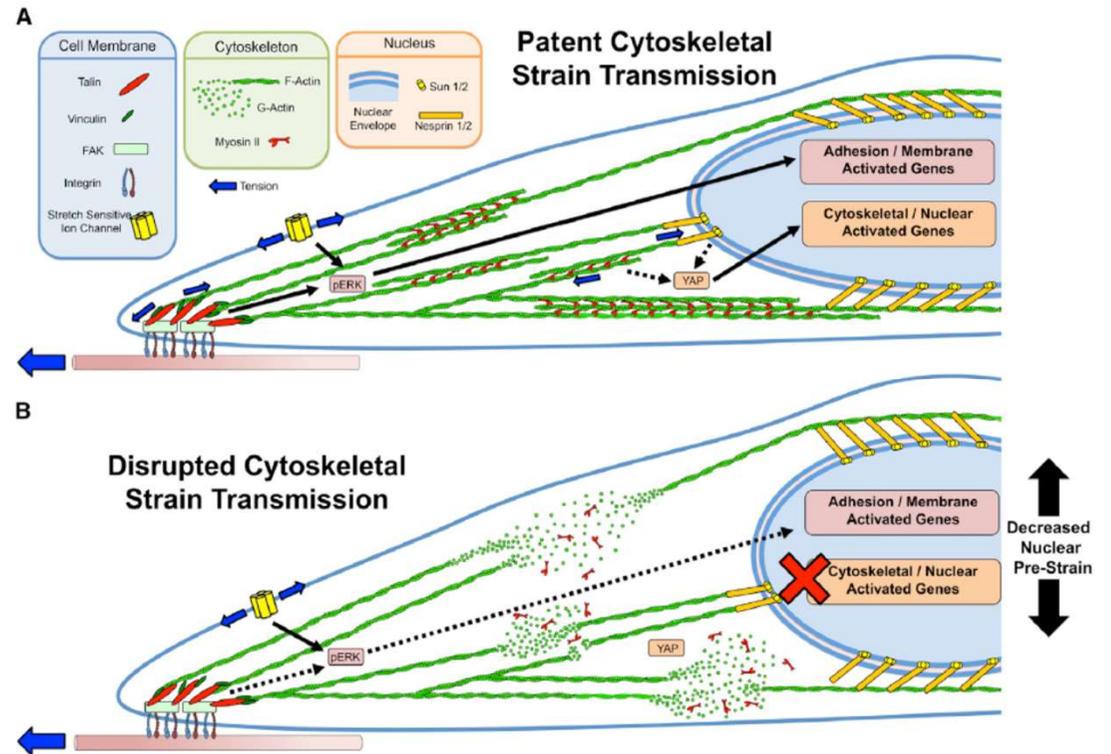
2018



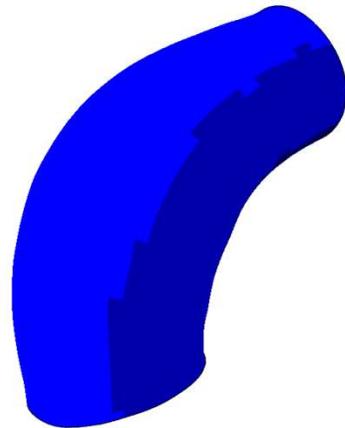
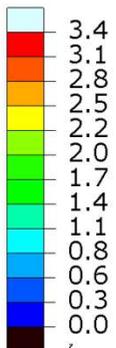
Major role of smooth muscle cells in mechanoregulation



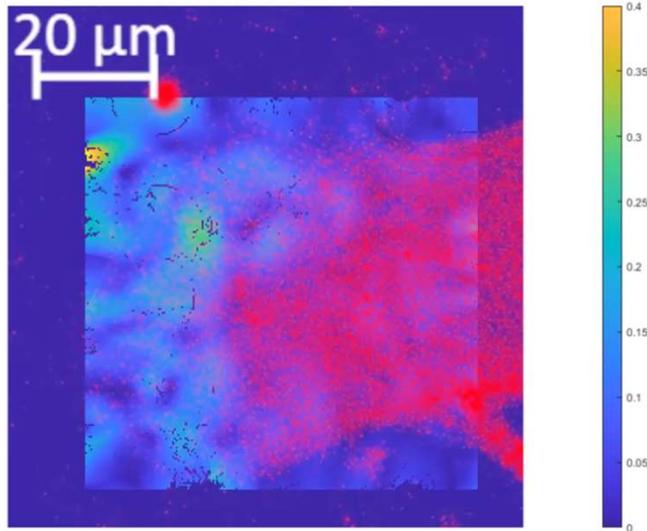
Driscoll et al, Biophysical Journal, 2015



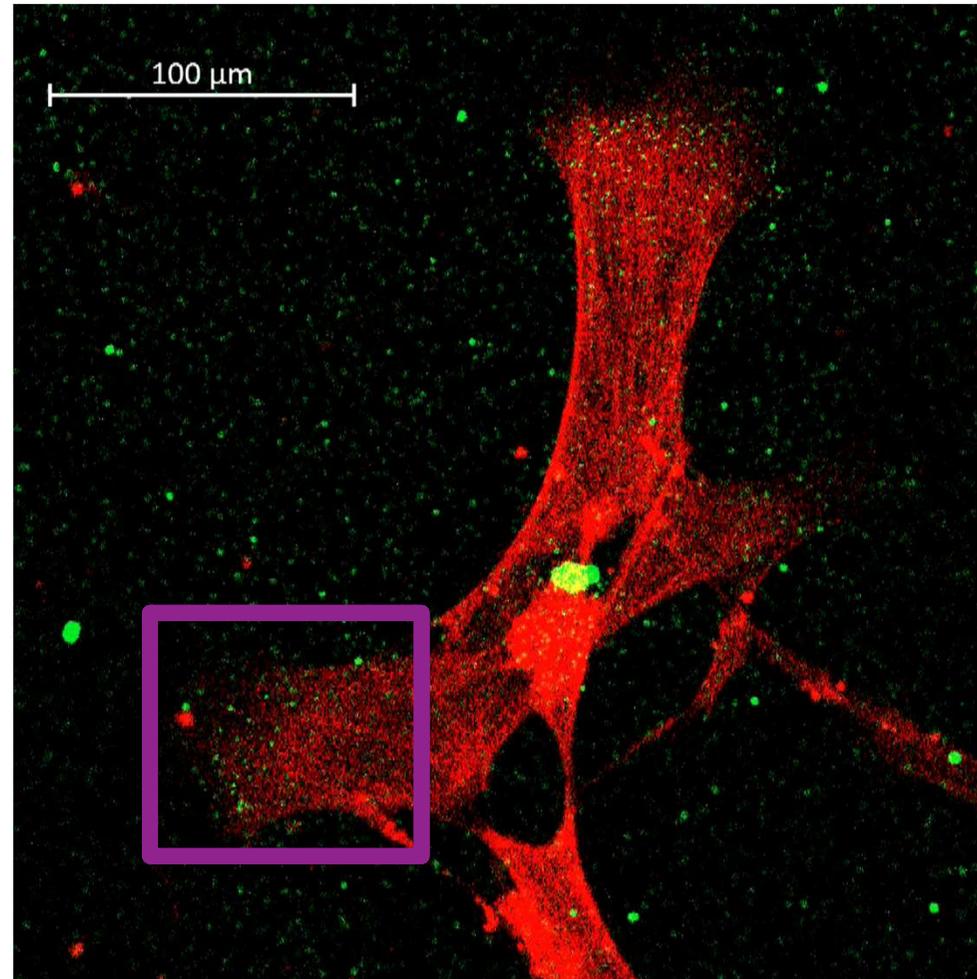
SDV69
(Avg: 75%)



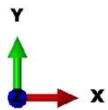
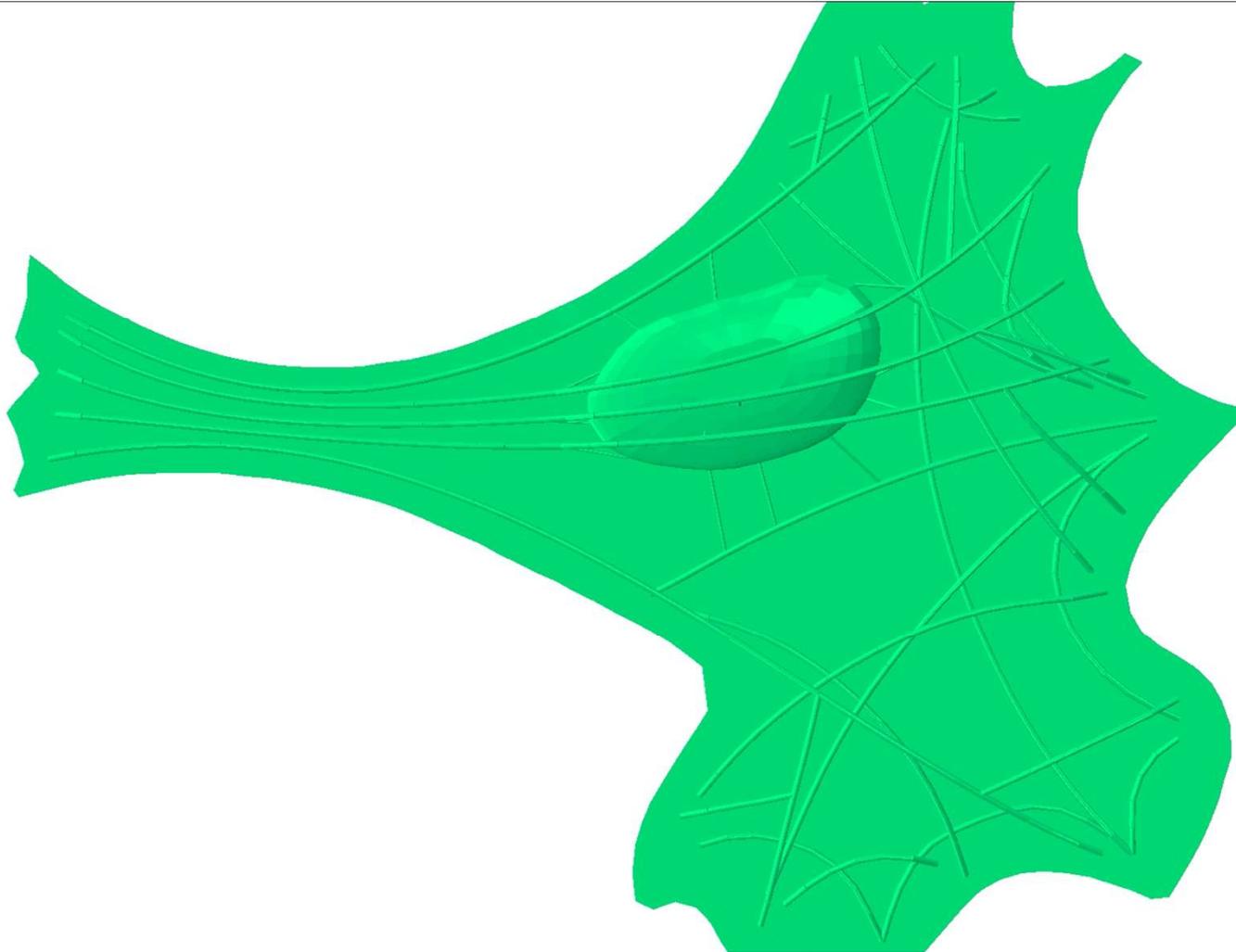
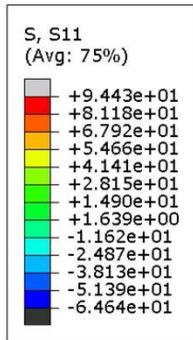
Mechanobiology of aortic SMCs



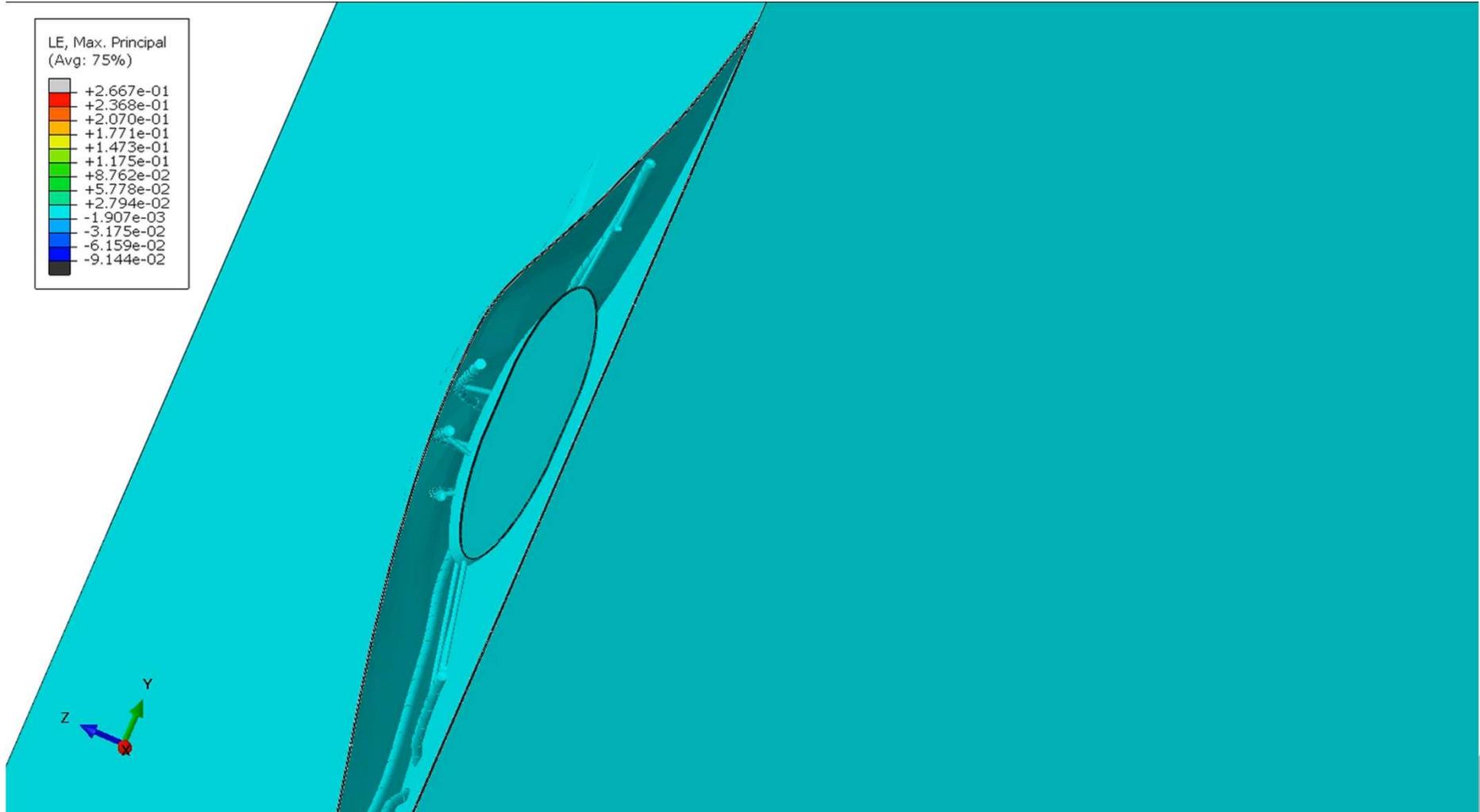
**Confocal microscopy + DIC
combined with Siractin
staining on living cells**



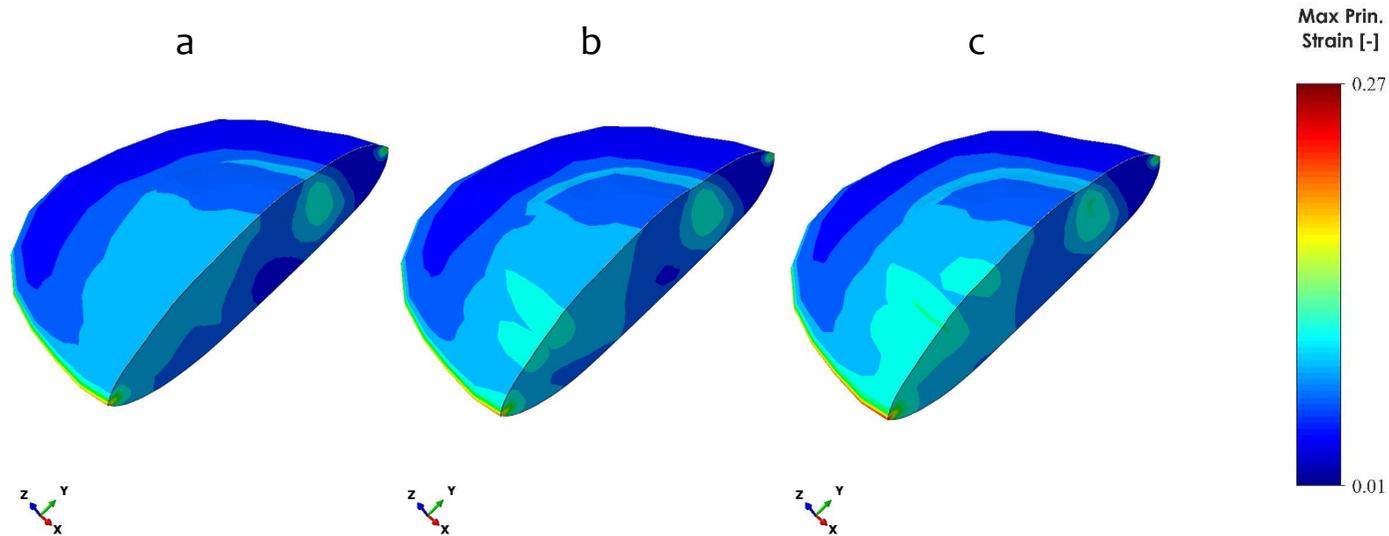
Computer model of SMCs



Computer model of SMCs



Strain map in the cell nucleus



Distribution of the maximum principal strain in half of the nucleus for substrates with Young's moduli of 2 kPa (a), 4 kPa (b), and 8 kPa (c).



STEP 4

Our future goal was to screen treatments to fight against vascular aging

2010

2015

2018

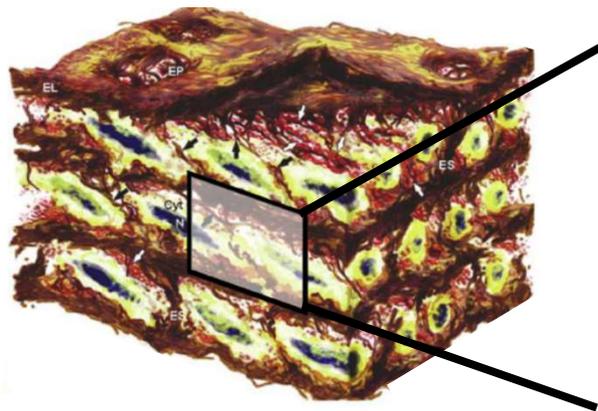
2024



MULTISCALE DIGITAL TWINS

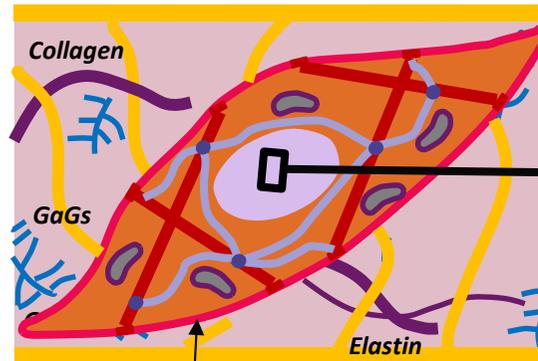
Altered feedback loops

Regulation of
gene expressions



**Altered
micromechanics**

Lamellar unit



Smooth Muscle Cell

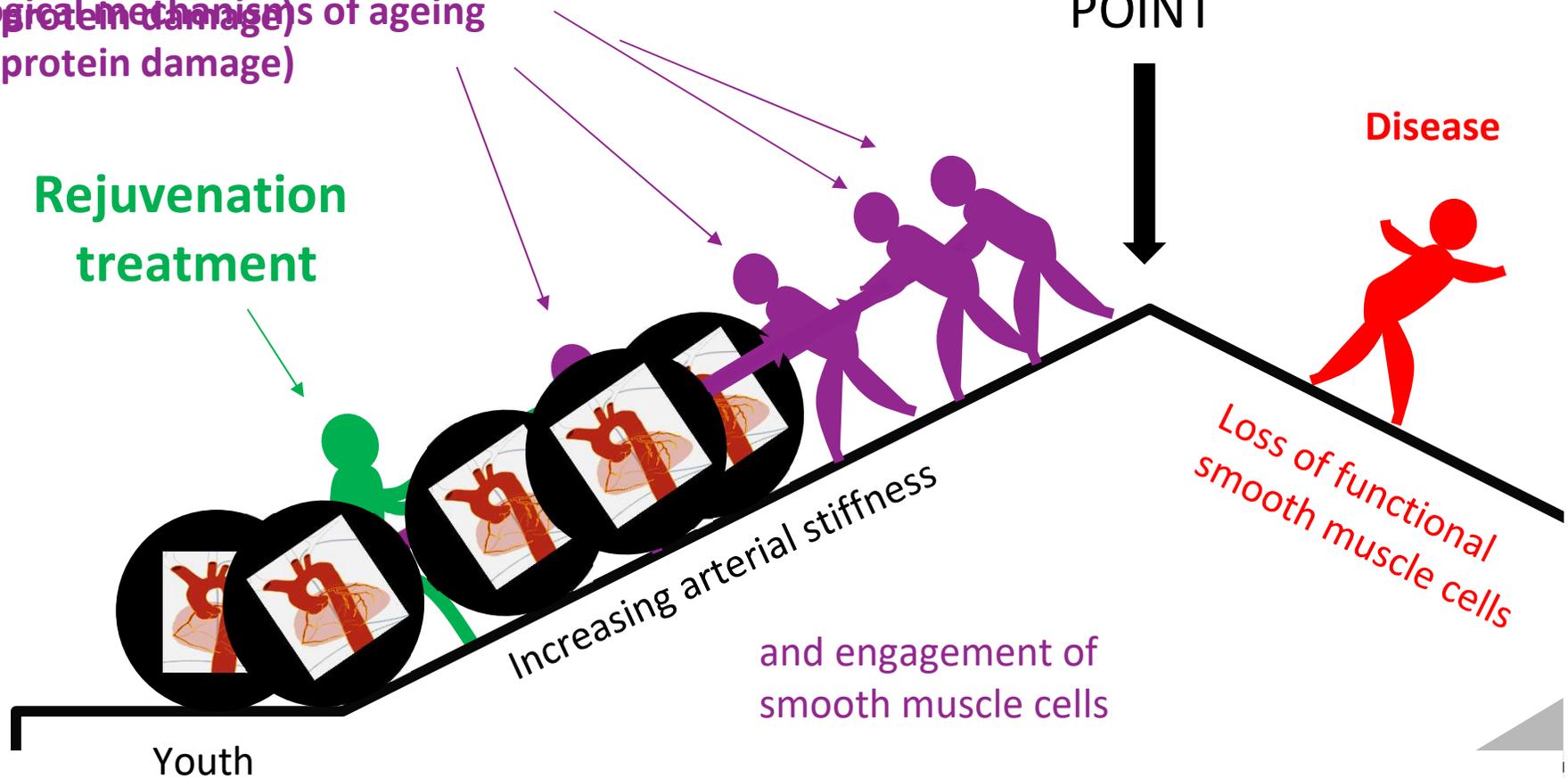


**Altered
gene expressions**

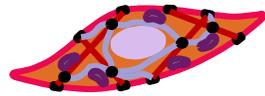
STEP 4

Biological mechanisms of ageing
(e.g. protein damage)

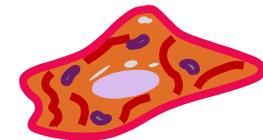
Rejuvenation
treatment



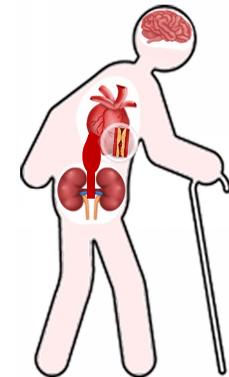
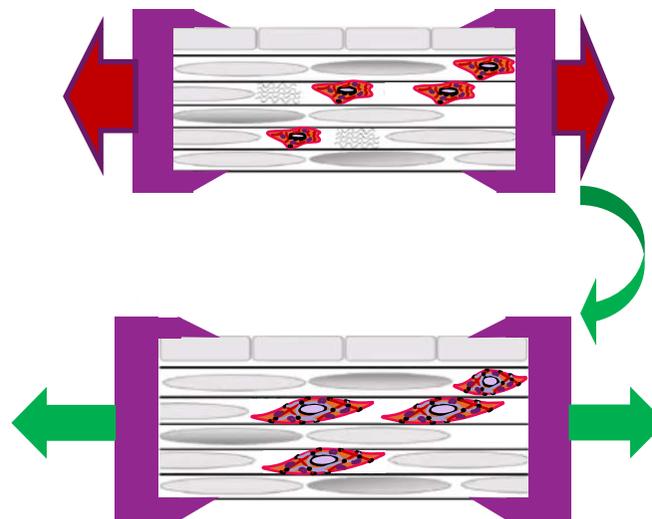
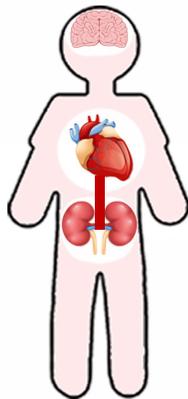
SCREENING REJUVENATION TREATMENTS WITH MULTISCALE DIGITAL TWINS



Functional
Smooth Muscle Cell



Senescent
Cell



Prof Stéphane Avril, avril@emse.fr, emse.fr/~avril

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